

Leadership Presence Cues

"You don't need perfect words — presence is what builds trust."



Stand Tall

- Plant feet firmly
- Shoulders relaxed, chest open
- Ground yourself in the moment

Your physical stance communicates confidence before you even speak.



Lower Your Voice

- Speak one tone slower, one tone lower
- Calm tone helps de-escalate emotions

A measured, deeper tone conveys authority and composure. When tensions rise, your calm voice becomes an anchor.



Listen First

- Let the other person finish
- Repeat back what you heard: *"What I'm hearing is..."*
- Listening lowers defenses and builds trust


Active listening is a superpower. When people feel truly heard, they become more open.



End with Next Steps

- Summarize clearly: *"Here's what we've agreed to..."*
- Offer one specific, realistic action
- Signals direction and partnership

Clear next steps transform conversations into progress.

 **Remember:** Presence isn't about control — it's about calm clarity. These cues help you embody authority while keeping the door open to collaboration.