

## Leadership Presence Cues

*"You don't need perfect words – presence is what builds trust."*



### Stand Tall

- Plant feet firmly
- Shoulders relaxed, chest open
- Ground yourself in the moment

Your physical stance communicates confidence before you even speak.



### Lower Your Voice

- Speak one tone slower, one tone lower
- Calm tone helps de-escalate emotions

A measured, deeper tone conveys authority and composure. When tensions rise, your calm voice becomes an anchor.



### Listen First

- Let the other person finish
- Repeat back what you heard: *"What I'm hearing is..."*
- Listening lowers defenses and builds trust

Active listening is a superpower. When people feel truly heard, they become more open.



### End with Next Steps

- Summarize clearly: *"Here's what we've agreed to..."*
- Offer one specific, realistic action
- Signals direction and partnership

Clear next steps transform conversations into progress.

**Remember:** Presence isn't about control – it's about calm clarity. These cues help you embody authority while keeping the door open to collaboration.